

Registration

Name: _____

Address: _____

Date Of Birth: ____/____/____

Position: _____

Phone: (____) _____ - _____

EMAIL: _____

Most recent team: _____

Fees:

Payment in full by
July 1, 2008
\$150

Payment received by
August 1st, 2008
\$185

Checks should be made out to
"Saratoga Sharks"

WHAT TO BRING...

Players: will need full equipment, water bottle, snacks, sneakers, athletic shorts and shirt. Lunch on Sat.



8 Talford Place
Saratoga Springs, NY 12866

S H A R K S H O C K E Y
I N C .

AUGUST 1ST-3RD

**Saratoga
Hockey
Academy
At Saratoga Springs
Ice Rink**

**Bantam / Midget
High School**

**Directed and
staffed by
Coaches from
Skidmore College**



(518)583-4944

S H A R K S H O C K E Y I N C .

Academy Director:

Neil Sinclair



Skidmore College

Head Coach

**2006/2007 ECAC East
Coach of the Year**

Sinclair will be entering his fourth season behind the bench at Skidmore in 2008-09. In his second season, 2006-07, he led the team to a third place finish in the ECAC East/NESCAC Interlock and Skidmore's first home playoff game since entering the ECAC East. At the conclusion of the 2006-07 season Sinclair was recognized as the ECAC East Coach of the Year.

Sinclair attended Middlebury College where he played four years of varsity hockey. As a senior, he was a First-Team All-American and an ECAC First Team selection as a defenseman. He began his coaching career at Middlebury Union High School (VT), leading his team to a state championship in 1996. He returned to his alma mater as an assistant coach in 1999. In 2002-03, he served as the Acting Head Coach while long-time Panther Head Coach Bill Beaney was on sabbatical. Sinclair guided the team to a 22-5-2 record, including a regular season New England Small College Athletic Conference Championship, and a run to the NCAA Division III Semi-Finals. He then moved to Williams College to coach the Women's team from 2003-2005.

He has been actively involved with USA Hockey. In the summers he has worked the National Festival at the 14, 15, and 16s level for the boys and the National 14 Festival for the girls. He has been a speaker at USA Hockey Programs of Merit and at numerous coaching Symposiums for the New England and New York districts.

Weekend Schedule

Fri. 8/1

on ice 5:30pm—7:30pm

Sat. 7/28:

on Ice 9-10:30am

11am-12 off ice training

on ice 1:00-2:15pm

2:45-3:30pm off ice training

full ice Game 4:30pm

Sun. 7/29:

On ice 9-10:30am

Players will receive intensive on and off-ice instruction. A total of 9 1/2 hrs of on ice training and full ice games.

- **Goalie instruction (on ice) included.**
- **Off-ice Instruction - stick skills, agility, speed training, strength development, principles of nutrition, goal setting and developing a positive attitude towards the game. (bring workout clothes/sneakers).**
- **Opportunity to play 3 v 3 games - offensive/defensive games requiring communication w/teammates.**
- **Focus on individual skills, problem solving skills and team play.**

High school and youth coaches are welcome on the ice with their players

Release of Liability

In consideration of being permitted to participate in Saratoga Sharks Hockey Program I, _____

Birth Date _____ The Undersigned, acknowledge, appreciate and agree that: The risk of injury from activities involved in ice skating programs is significant, including the potential for permanent paralysis and death, and while personal skills, and personal discipline and equipment may reduce the risk, the risk of serious injury does exist,

I, KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any usual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention City of Saratoga Springs Recreation Dept. immediately; and I, for myself and on behalf of my heirs, assigns personal representatives and next of kin, hereby release, indemnify and hold harmless, Timothy McGuiggan, management, their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable owners and lessors of premises used for skating and other related ice activities. With respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise to the fullest extent permitted by law.

I HAVE READ THE RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT; I FULLY UNDERSTAND IT'S TERMS; I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS RELEASE AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Player Sign: _____

Date: _____

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his release as provided above of all releasees, and, for myself, my heirs, assign and next of kin, I release and agree to indemnify and hold harmless the releasees from any and all liabilities incident to my minor Child's participation in hockey to the fullest extent of the law.

Parent sign: _____

Date: _____

**S H A R K S H O C K E Y
I N C .**

**8 Talford Place
Saratoga Springs, NY 12866**

**Phone: 518-583-4944
cell: 518-573-9320**

E-mail: tnjmcg@yahoo.com